



Rhythm2Recovery Testimonials Prison & Justice Settings

A great exploration of the relationships between rhythm and human experience (emotions, affect, communication etc.) that will readily engage my correctional participants. *Peter Giordano, The Storyteller Prison Project, CA, USA*

This work is theoretically sound, practical, accessible and so relevant to my work as an art therapist in prisons. Highly recommended. *Oleen George-Posa – NSW Justice Health.*

One of the most enjoyable trainings I've ever attended. Very knowledgeable facilitators and excellent resources perfectly suited to our work. *Jemma Weekes, Senior Therapist The Forensic Hospital, Sydney.*

I have been using Rhythm2Recovery in the Justice for Juvenile Center/ St. Joseph County Youth Detention Center with great engagement from both male and female inmates and significant impacts. Our research has shown reductions in anxiety, reductions in suicidal ideation and fewer somatic complaints, *Nicole Williams, Group facilitator, Indiana, USA.*

An excellent experiential training with a good balance of theory and practice. *Linda Hoare, Occupational and Rehabilitation therapist, Justice Services.*

Eye Opening! Engaging and very relevant to my work. *Fiona Wei, Registered Nurse & Team Leader, NSW Forensic Health Service.*

I have attended this training twice and love it. So many ideas and practical exercises I can take back and use in my work with victims and perpetrators of family violence. *Kathryn Harriss, Family Violence, Counselling and Support Service, Tasmania.*

I highly recommend this training – I love the way the facilitators run the group the same way as we would in our justice work - non-threatening, practical, reflective and fun! *Laura McAuliffe, Diversional Therapist, Department of Justice, ACT.*

Highly professional training complemented by lots of fun. This training was valuable to me professionally, culturally appropriate and highly practical. *Simon Howe, Youth Justice, Sunshine Coast.*

I found this training enjoyable, playful and fun. There was plenty for me to take back to use in my work. Very valuable professionally. *Nikea Cross, Occupational Therapist, Secure Unit – Mental Health, Townsville, Qld.*

An excellent training with so much flexibility, which is critical in my work. It left me feeling very confident in my ability to employ these exercises with my clients. *Nakkita Jackson, Senior Youth Worker, Department of Justice & Attorney General, Qld.*